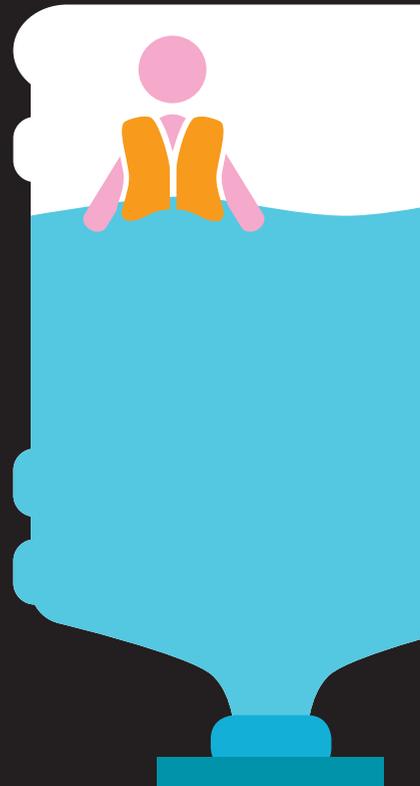


Is your workforce hydrated?

BDA Work Ready are now offering you the tools to help improve your workforces' health and wellbeing in an area that often gets forgotten: hydration.

'Stay Afloat – Keep Hydrated' is your organisation's guide to promote hydration within the workplace designed by qualified, specialist Work Ready dietitians.

**Stay
afloat
keep
hydrated**



How can we help?

For a small fee of £295 someone within your organisation can become your organisation's Hydration Champion. Your pack will contain:



Your order

Item	Cost	Quantity	Corporate Logo (Y/N)?
Hydration Pack (includes 1x manual, 30x pee chart, 100 x coasters)	£295		
Hydration Coasters (100)	£30		
Pee Charts (10)	£50		
Bottles* (50)	£450		
Travel Mugs* (50)	£400		

*An additional fee of £20 will be added to your bill if you request a corporate logo

Not ready to order now? Tick the box and enter your details to be added into the BDA Work Ready quarterly newsletter.

Your details

Name _____ Organisation _____

Email _____ Telephone _____

For information contact the team at:

workready@bda.uk.com
0121 200 8080

bdaworkready.co.uk